Everyday travel safety habits

A few sensible routines leave you more room to enjoy the place. Use what fits the situation, without spending the whole trip watching over your shoulder.

Before going out

- ☐ Know how I will get back, including a realistic backup.
- ☐ Carry what I need and keep backup money or cards separately.
- ☐ Save the address and local emergency number offline.
- ☐ Let a trusted person know my plans when appropriate.

In transit and crowds

- ☐ Keep bags closed and important items controlled.
- ☐ Step aside to check directions, prices or bookings.
- ☐ Pay attention around doors, platforms and distractions.

At the accommodation

- ☐ Check access, locks and exits on arrival.
- ☐ Know where essential documents and medicines are.
- ☐ Use the property’s security facilities sensibly.

If something feels wrong

Leave the situation when you can do so safely. Move towards staffed, public places and ask for help. Don’t confront a thief or pursue a stolen device.

If something is lost

Phone: use official remote-lock tools and contact your mobile provider; secure key accounts. Cards: freeze or cancel through the bank’s official channels. Medical emergency: call the verified local emergency number, then insurer assistance when practical.

My local emergency number / accommodation contact