Readiness & first-step planner

Use the top half to see where you stand. Use the bottom half to do something about it. One useful action is enough for today.

Area	In place?	What is missing?
Time away		
Trip budget + buffer		
Energy + support		
Documents + preparation		

The trip I am considering

One thing I can do this week

What might stop me

How I will make that easier

I will do it by

My review date

Research is a valid first step. You don’t need to buy a flight to prove you mean it.