# Travel readiness snapshot

Wanting to go and being ready to go are different questions. Use this to spot the gaps, then decide what needs doing.

| Area | Question | Not yet / Working on it / Ready |
|---|---|---|
| Time | Have I made room for the trip and the responsibilities around it? | |
| Energy | Can I manage the demands of this particular journey? | |
| Money | Can I cover the trip, setbacks and coming home? | |
| Support | Have I discussed the plans that affect other people? | |
| Preparation | Do I know the entry, health and booking tasks still outstanding? | |

## What needs attention before I commit?

## My next action and review date

This is a planning aid, not a pass or fail test. A shorter trip, a different pace or a later date can be a sensible decision.