Food budget, with room for pleasure

Decide what you can spend, then leave room for something you really want to eat. You don’t need to account for every crumb.

Destination / dates / currency

Weekly food budget / number of people

Daily average / planned special meal

Category	Weekly allowance	Actual
Groceries / breakfast		
Cafés / snacks		
Restaurants		
Drinks		
Tours / classes / tastings		
Transport / tips / service		
Buffer		
Total		

Pick the special meal deliberately. Compare actual menus and prices; a market stall or a place away from the square is not automatically cheaper or better.

Daily totals: copy this page

Date	Food + groceries	Drinks + snacks	Experiences / extras	Total

Weekly review

Budget / actual / difference

What was worth the money

One thing I will change next week

The meal or food experience I want to make room for