

Travel Tech Setup Sheet

Module 4 - Practical Travel Preparation • Around the World with Rob

This is a practical setup checklist. The goal is fewer failures: lost phone, dead battery, stolen bag, or a login you cannot access overseas.

1) Devices (what you're taking)

Device	Critical apps installed?	Backup plan	Done
Phone		Cloud backup + offline essentials	<input type="checkbox"/>
Laptop (optional)		Encrypted drive + remote wipe if possible	<input type="checkbox"/>
Tablet/Kindle (optional)		Offline maps/docs + entertainment	<input type="checkbox"/>
Power bank		Tested and charged	<input type="checkbox"/>
Charging kit		One compact kit (cable + adapter)	<input type="checkbox"/>
Travel adapter		Works in your first region	<input type="checkbox"/>

2) Account security (non-negotiable)

- Password manager installed and synced
- Two-factor authentication enabled for email, banking, and cloud storage
- Recovery codes saved offline (print or store securely)
- Phone lock: strong PIN (not 1234 or your birthday)
- Auto-lock enabled (30-60 seconds)

3) Backups (so you can recover fast)

- Phone backup enabled (cloud) and tested
- Important files downloaded for offline use (docs, tickets, insurance)
- Photos backup plan chosen (auto upload or manual weekly)
- Spare device sign-in tested (can you log in without your phone?)

4) Connectivity plan

- Phone is unlocked for international SIM/eSIM
- eSIM installed or shortlist provider options for arrival
- Offline navigation set up (maps downloaded for your first cities)
- Messaging apps ready (WhatsApp/Signal/Telegram - whatever you use)

5) Essential apps (pick what you actually use)

Core travel

- Maps (offline enabled)
- Translate (offline languages downloaded)
- Airline/rail apps for your first legs
- Accommodation booking app (or stored confirmations)
- Ride-hailing (where relevant)

Money + admin

- Banking apps (with secure login working)
- Card lock/freeze controls available
- Budget tracker (simple, not obsessive)
- Cloud storage app (access confirmed)

6) Emergency and safety

- Emergency contacts saved (plus a paper backup)
- Medical info note accessible from lock screen (if you use it)
- Find My Device enabled (Android/iOS)
- Remote wipe enabled where available
- Local emergency numbers saved for first destination

Your setup record

Fill this in once, so you can rebuild fast if something goes wrong.

Item	Where stored?	Notes	Done
Recovery codes (email)			<input type="checkbox"/>
Recovery codes (password manager)			<input type="checkbox"/>
Cloud storage login			<input type="checkbox"/>
Bank contact numbers			<input type="checkbox"/>
Insurance emergency number			<input type="checkbox"/>
Offline docs folder			<input type="checkbox"/>
Offline maps downloaded			<input type="checkbox"/>

Quick test: put your phone in airplane mode and try to open your docs, maps, and bookings. If you cannot, fix it now.